

Keystone Counseling Welcomes...



Kathy Pettet

Licensed Professional

Counselor &

Energy Psychology Specialist

Energy Psychology is clinically proven to treat:

- Trauma and PTSD
- Panic and Anxiety Disorders
- Emotional Stressors and Blocks



There are two types of sessions offered that complement routine counseling:

Energy Sessions: For deep relaxation, balancing and healing. The goal of an energy session is for you to become more aware of what aspects of your body and your life require healing. It will bring you greater focus as you discover how your energetic body speaks to you.

Karuna™ Reiki: A profoundly healing session provides insight into your life, the various issues that have blocked you from your potential and methods to change your life situation. This unique style of deeply relaxing activates your own energy field to open toward the process of healing.

*Insurance covers all energy psychology treatments! Appointments available every
Tuesday 10am-6pm at Keystone Counseling and Evaluation Services*

(570) 748-7173

www.keystonecounsel.com